



## HEALTH SHOTS

### Nootriskin 6.5

hyaluronic acid, red orange complex, selenium, zinc, biotin, B1, B2, B6, B12

### Immune Boost 5

medicinal mushrooms, manuka honey, mango

### KX Pre-Workout 7

matcha, lemon, organic mct oil, extract of peppermint & grapefruit, coconut water

*when fat burning becomes a science*

### Digestive Balance 5

apple cider vinegar, ginger, papaya

### Lexi 5

lemon, ginger, cayenne pepper

## JUICES

### Boost 11

carrot, apple, beetroot, spinach

### Good Day 11.5

apple, carrot, ginger, orange

### Kale Kick 11

pineapple, spinach, kale, celery, lemon, spirulina

### Green B 11.5

cucumber, spinach, watercress, celery, grapes, apple, progreens powder

### Coconut Water 16

unpasteurised juice & meat

### The Sirtfood Shake 12.5

kale, celery, parsley, rocket, matcha, ginger, lemon

*the breakthrough KX sirtfood detox juice, providing a potent hit of plant sirtfoods which turns on cell recycling and cleaning in our bodies to revitalise, improve health and stimulate fat burning*

## SMOOTHIES

### Cherry Bomb 12

cherries, unsweetened almond milk, peanut butter, quinoa, agave syrup, hazelnuts, vegan protein

### Berry Light 11.5

blueberries, cranberries, strawberries, blackberries, raspberries, flaxseed

### Refuel Recovery 12

almond milk, glutamine, banana, acai, vegan protein

### SBC 12

coconut milk, banana, blueberries, avocado, chia seeds, green tea, progreens powder, vegan protein

### Superhero 12

banana, peanut butter, coconut milk, oat milk, flaxseed, gluten-free oats, vegan protein

### Coconut Plus 12

coconut, oat milk, blueberries, vegan protein

## BESPOKE SHAKES

choice of flavour: vanilla, chocolate, coffee or raspberry

### BASE

Almond Milk

Oat Milk

Coconut Milk

Soya Milk

Water

### PROTEIN

Vegan Protein 9

30 grams

Pure Whey Protein 9

30 grams

### ADDITIONAL EXTRAS

Pure Whey Protein 10gr 3

Vegan Protein 10gr 3

Glutamine 5gr 3.5

BCAA 10gr 4

Creatine 5gr 5

Collagen with Vitamin C 15gr 4.5

## KX SIGNATURE SHAKES

### Athletic Performance 15

vegan protein, banana, glutamine, glycine, creatine, almond milk, speciality carb source

*Recovery Optimisation:*

*Protein, Glutamine, Glycine & Creatine*

### Stress Buster 15

banana, HMN24 mango and peach FLOW, flax seeds, vegan protein, almond milk

*Stress Support: Lions mane (5g), Rhodiola Rosea,*

*Vitamins B1, B2, B5, B6, B9 & B12*

### Sweetroot 15

mango, manuka honey, carrot, beetroot, collagen, vegan protein

*Rejuvenation Boosting:*

*Vitamin C, A, E, B9 & B12*

☑: VEGAN FRIENDLY   D: DAIRY PRODUCTS   N: NUTS & SEEDS   G: GLUTEN

Please ensure to advise your waiter of any allergies when ordering.

VAT is included on all menu items. A discretionary service charge of 15% will be applied to your bill, for which we thank you.

