



HEALTH SHOTS

Ginger Shot 5

neat ginger

Immune Boost 5

medicinal mushrooms, manuka honey, mango

KX Pre-Workout Shot 7

matcha, lemon, organic mct oil, extract of peppermint & grapefruit, coconut water

when fat burning becomes a science

Digestive Balance 5

apple cider vinegar, ginger, papaya

Lexi Shot 5

lemon, ginger, cayenne pepper

JUICES

Boost 10

carrot, apple, beetroot, spinach

Good Day 10.5

apple, carrot, ginger, orange

Kale G 10

kale, apple, cucumber, celery, asparagus, mint, lemon

Green B 10.5

cucumber, spinach, watercress, celery, grapes, apple, progreens powder

Coconut Water 16

unpasteurised juice & meat

The Sirtfood Shake 12.5

kale, celery, parsley, rocket, matcha, ginger, lemon

the breakthrough KX sirtfood detox juice, providing a potent bit of plant sirtfoods which turns on cell recycling and cleaning in our bodies to revitalise, improve health and stimulate fat burning

SMOOTHIES

Cherry Bomb 11

cherries, unsweetened almond milk, peanut butter, quinoa, agave syrup, hazelnuts, vegan protein

Berry Light 10.5

blueberries, cranberries, strawberries, blackberries, raspberries, flaxseed

Refuel Recovery 11

almond milk, glutamine, banana, acai, vegan protein

SBC 11

coconut milk, banana, blueberries, avocado, chia seeds, green tea, progreens powder, vegan protein

Superhero 11

banana, peanut butter, coconut milk, oat milk, flaxseed, gluten-free oats, vegan protein

Coconut Plus 12

coconut, oat milk, blueberries, vegan protein

POST WORKOUT

A Bespoke Workout Protein Shake

your choice of flavour: vanilla, chocolate, coffee or raspberry

Pure Protein 6

30gr pure whey or vegan protein, water
can be consumed at any point of the day

Post Workout 9

30gr pure whey or vegan protein,
almond, oat or coconut milk

ADDITIONAL EXTRAS:

Whey Protein 10gr 2.5

Plant Protein 10gr 2.5

Glutamine 5gr 2.5

BCAA 10gr 3

Creatine 5gr 4

Collagen with Vitamin C 15gr 3.5

KX SIGNATURE SHAKES

Athletic Performance 14

vegan protein, banana, glutamine, glycine, creatine, speciality carb source

Stress Buster 14

banana, HM24 mango and peach FLOW, flax seeds, vegan protein, almond milk

Cognitive Booster 14

HM24 raspberry lemonade FLOW powder, pineapple, cherries, cocoa, coconut milk, acai

*Recovery Optimisation:
Protein, Glutamine, Glycine, Creatine*

*Stress Support: Lions mane (5g), Rhodiola
Rosea, Vitamins B1, B2, B5, B6, B9 & B12*

*Brain Boosting:
Bacopa, Choline, Tyrosine, Carnitine*

: VEGAN FRIENDLY : DAIRY PRODUCTS : NUTS & SEEDS : GLUTEN

Please ensure to advise your waiter of any allergies when ordering.

VAT is included on all menu items. A discretionary service charge of 15% will be applied to your bill, for which we thank you.

