



**KX**



## LUXURY SPA AND WELLNESS CLUB IN LONDON

In the heart of Chelsea, KX Spa offers a world-class wellness experience for both members and non-members.

With expert practitioners and the latest technology, every treatment is bespoke, designed to meet your needs and exceed expectations.

Since 2002, guests have enjoyed access to luxury spa facilities and the UK's leading health and wellness experts. At KX, we don't just transform bodies — we create lasting change in health, nutrition and wellbeing.

Step away from city life and find calm, renewal and luxury at London's most exclusive spa and fitness club.



## MASSAGE THERAPY

### CLASSIC MASSAGE

Here at KX Spa, every massage is a bespoke experience, carefully tailored to meet each guest's individual needs. Our expert therapists take time to understand your specific goals and preferences, ensuring that every treatment delivers maximum benefit.

Whether you're seeking relaxation, muscle recovery or targeted therapeutic work, your journey begins with a personalised consultation designed to optimise your results.

### Aromatherapy | Reflexology | Swedish | Deep Tissue | Sports | Pregnancy

DURATION	MEMBER	NON-MEMBER
25	100	110
55	165	175
85	220	235

### SPECIALTY MASSAGE

Whether targeting cellulite, fluid retention, facial sculpting, or migraine relief, KX Spa offers a curated selection of specialised massage therapies designed to restore balance and elevate your well-being.

	DURATION	MEMBER	NON-MEMBER
<b>Brazilian Lymphatic Drainage</b>	25	105	115
	55	160	175
	85	200	220
<b>MDR Remodelage</b>	55	180	180
<b>Japanese Cosmos Facial Lifting</b>	25	125	135
<b>Indian Head Massage</b>	25	90	105
<b>Cupping</b>	55	200	215
<b>Hot Stone Massage</b>	55	175	200
	85	215	235



## SIGNATURE MASSAGE

Each massage at KX Spa features a personalised blend of advanced techniques and therapies, delivered by our most experienced massage specialist, many of whom bring over a decade of expertise.

This depth of knowledge ensures every treatment is both highly effective and uniquely tailored to your individual needs.

### TANIA'S SIGNATURE MASSAGE

Tania is a highly skilled practitioner combining advanced osteopathy and therapeutic massage to deliver truly transformative treatments, including pregnancy massages.

DURATION	MEMBER	NON-MEMBER
25	125	145
55	170	190
85	220	240

### FERNANDO'S SIGNATURE MASSAGE

Mastery in personalised bodywork by Fernando Garbini, a seasoned expert whose signature massage is crafted using a dynamic blend of Thai Yoga, aromatherapy, deep tissue, lymphatic drainage and sports massage technique all adapted uniquely to each guest's needs.

DURATION	MEMBER	NON-MEMBER
25	105	115
55	160	175
85	200	220





## FACIAL THERAPIES

### HYDRAFACIALS

The ultimate detoxifying and deep-cleansing experience, HydraFacial revitalises the skin using active botanical ingredients to deliver immediate, visible results. This advanced, patented technology follows a comprehensive six-step process Detox, Cleanse, Exfoliate, Brighten, Extract, and Hydrate to deeply purify, nourish and transform your complexion.

	DURATION	MEMBER	NON-MEMBER
<b>HydraDetox</b>	55	210	230
<b>HydraGlow</b>	85	250	275
<b>Laser Genesis Hydrafacial</b>	85	370	390
<b>Keravive (hair treatment)</b>	55	450	450

### LASER GENESIS FACIALS

An advanced, non-invasive, multi-layered treatment, Laser Genesis is scientifically proven to stimulate collagen and elastin production while effectively targeting fine lines, wrinkles, redness, and scarring. This gentle yet powerful therapy delivers visible results with no downtime or discomfort, making it ideal for skin rejuvenation and long-term skin health.

	DURATION	MEMBER	NON-MEMBER
<b>Bespoke</b>	85	370	390
<b>Laser genesis plus</b>	115	475	500

### ROSECEA & PIGMENTATION TREATMENT

Limelight IPL treatment works by using an intense pulse light to heat the targeted tissue, Whether that is pigmentation or damaged veins in the top layers of the skin. IPL effectively reduces discolouration, promoting a more even skin tone and treating specific skin conditions such as pigmentation, age spots, rosacea and broken capillaries without abrading the skins surface.

A patch test is required for this service 24-48 hours before treatment.

	DURATION	MEMBER	NON-MEMBER
<b>IPL full face</b>	55	260	280
<b>IPL full face and neck</b>	55	300	310
<b>IPL décolletage</b>	45	220	235
<b>IPL hands</b>	45	150	165

### SKIN PEELS

We offer a range of in-clinic chemical peels, including SkinCeuticals, Mesoestetic, and ZO, designed to restore and maintain healthy skin. Following a consultation, our specialists will recommend the most suitable peel and treatment plan tailored to your concerns such as pigmentation, sun damage, ageing, acne, congestion or dullness. These peels work synergistically with ZO, Mesoestetic or SkinCeuticals home care products for optimal results. Treatments can be done individually or as part of a course.

	DURATION	MEMBER	NON-MEMBER
<b>Light</b>	45	250	265
<b>Medium</b>	45	270	290
<b>Deep</b>	55	POC	POC
<b>Skincycles caviar peel</b>	55	250	265
<b>Skincycles filter facial (incl dermaplaning)</b>	55	300	315

## EMFACE

Emface is a revolutionary non-invasive facial treatment that simultaneously lifts, tones, and smooths the skin without needles or downtime. Emface uses synchronised radiofrequency and high-intensity facial muscle stimulation, enhances collagen, elastin, and facial muscle structure for visibly firmer, more youthful contours.

	DURATION	MEMBER	NON-MEMBER
<b>Emface Eyes x 4</b>	45	1500	1600
<b>Emface 2 areas x 4</b>	45	2000	2100
<b>Emface 3 areas x 4</b>	75	2500	2600
<b>Emface 4 areas x 4</b>	75	3000	3100

## MORPHEUS 8

Morpheus8 at KX Spa is a cutting-edge, minimally invasive skin rejuvenation treatment that combines microneedling with radiofrequency (RF) energy to remodel and tighten the skin at a deep cellular level. Using ultra-fine needles, RF energy is delivered beneath the skin's surface, creating micro-lesions that activate the body's natural healing response and stimulate the production of new collagen and elastin.

Ideal for treating fine lines, skin laxity, scarring, and stretch marks, Morpheus8 is suitable for both the face and body, especially effective for improving the appearance of loose or sagging skin.

	DURATION	MEMBER	NON-MEMBER
<b>Full face (incl eyes) x 3</b>	105	2250	2750
<b>Full face, eyes &amp; neck x 3</b>	105	2500	3000
<b>Lower face &amp; neck x 3</b>	105	2100	2600
<b>Body area x 3</b>		POC	POC
<b>Exosome add on</b>		250	260

## SKINPEN®

At KX Spa, we proudly offer SkinPen®, the world's first FDA-cleared micro-needling device, clinically proven to deliver safe and effective skin rejuvenation. This advanced treatment targets fine lines, wrinkles, skin laxity, and acne scarring by stimulating the skin's natural healing response, resulting in a smoother, firmer and more radiant complexion.

	DURATION	MEMBER	NON-MEMBER
<b>Needling treatment</b>	85	355	375
<b>Growth factor skin needling</b>	85	435	455
<b>Exosome skin needling</b>	85	600	625
<b>Skinneedling body</b>		POC	POC

## MESOTHERAPY

Mesotherapy at KX Spa is a targeted, non-surgical technique that uses micro-injections of specialised vitamins, enzymes and plant extracts to rejuvenate, brighten, and tighten the skin. Tailored formulations address a variety of concerns from improving facial tone and radiance to targeting cellulite, stubborn fat deposits and skin laxity on the body.

Our advanced Hair Complex also supports scalp health, enhances hair quality and stimulates dormant follicles—ideal for addressing thinning hair and receding hairlines.

	DURATION	MEMBER	NON-MEMBER
<b>Face</b>	45	275	295
<b>Hair restoration</b>	55	POC	POC



## T-SHAPE FACE

The Baldan T-Shape Facial harnesses the latest advances in anti-ageing and collagen-remodelling radiofrequency to lift, sculpt and rejuvenate the skin, revealing a firmer, more radiant complexion.

	DURATION	MEMBER	NON-MEMBER
<b>Individual session</b>	90	375	385
<b>T-Shape course of 6</b>	90	1875	1925

## AMEELA X EXOSOMES

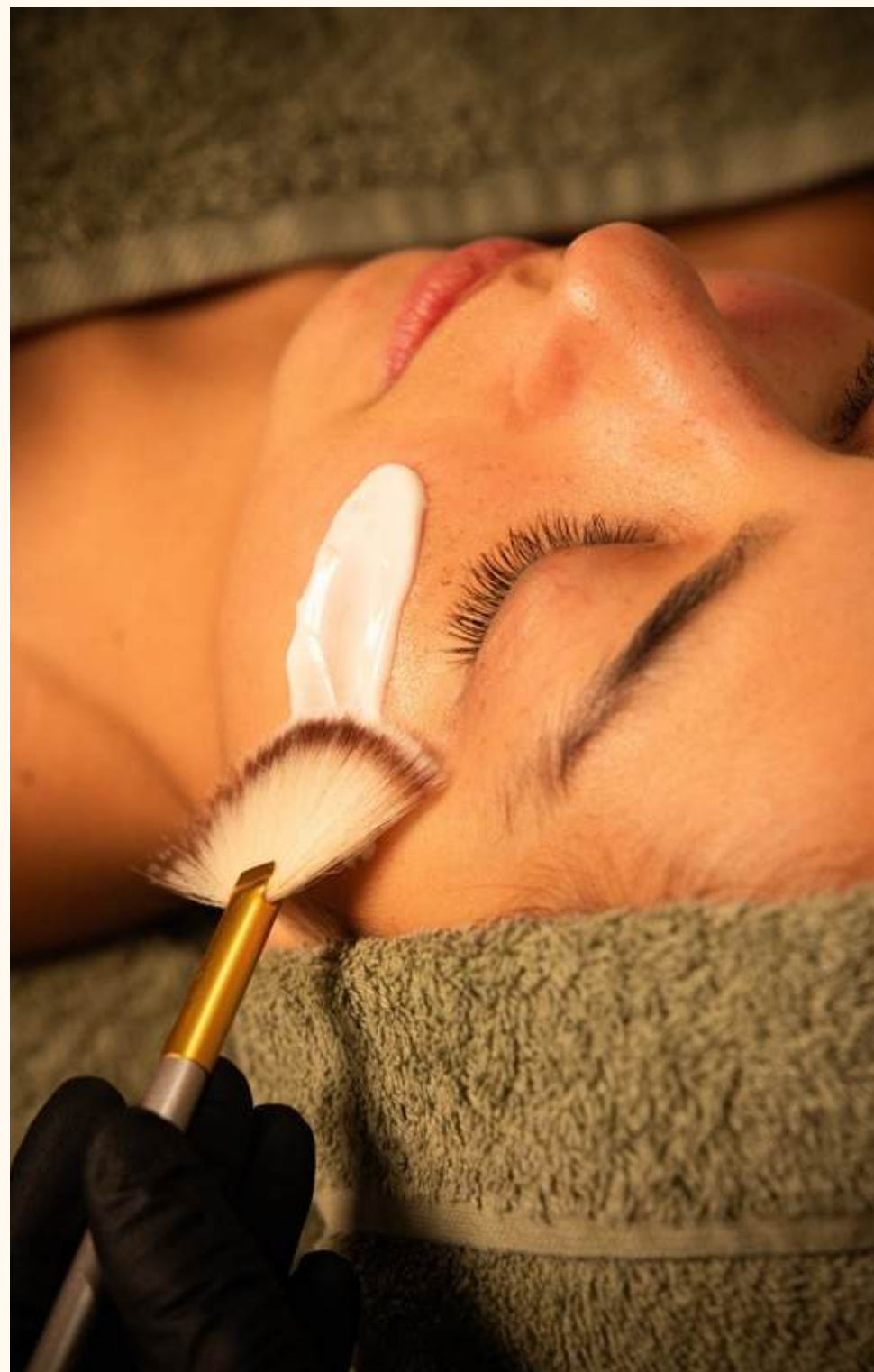
A next-generation regenerative facial combining purified plant exosomes and marine-derived polynucleotides to deeply hydrate, plump and restore the skin. This advanced treatment supports collagen renewal, soothes inflammation and enhances luminosity for a firmer, smoother, radiant complexion.

	DURATION	MEMBER	NON-MEMBER
<b>Individual session</b>	45	620	650

## BESPOKE HANDS ON FACIALS

Our bespoke range of facial treatments is suitable for both male and female clients, combining scientifically advanced skincare with personalised protocols to deliver optimal results. Each treatment is customised using a combination of cutting-edge LED light therapy and expert hands-on facial techniques, allowing our therapists to adapt every session to your skin's unique needs.

	DURATION	MEMBER	NON-MEMBER
<b>LED Express facial</b>	30	95	115
<b>KX Bespoke Facial with LED</b>	55	180	200
<b>KX Oxygen facial with LED</b>	55	215	235



## ADVANCED BODY TREATMENTS

### EMSCULPT NEO

Emsculpt Neo is a groundbreaking, non-invasive body contouring treatment that combines radiofrequency and HIFEM® (High-Intensity Focused Electromagnetic) technology.

In just one 30-minute session, it delivers the equivalent of 24,000 sit-ups or squats—achieving up to 30% fat reduction and 25% muscle increase, all with zero downtime.

	DURATION	MEMBER	NON-MEMBER
<b>Emsculpt NEO x 4</b>	45	2500	2650
<b>Emsculpt NEO 2 areas</b>	45	4500	4800
<b>Emsculpt NEO 3 areas</b>	75	6500	6950

### T-SHAPE

Introducing the latest in non-invasive body contouring from Italy's leading aesthetics experts, Baldan Group.

T-Shape combines radiofrequency, low level laser therapy, vacuum and micro-vibration al massage to visibly reduce cellulite, tighten skin and sculpt your silhouette.

	DURATION	MEMBER	NON-MEMBER
<b>1 x maintenance session</b>	60	480	500
<b>Course of 6</b>	60	2000	2200

### EMSELLA

Emsella at KX Spa is a breakthrough, non-invasive treatment designed to strengthen the pelvic floor and improve core wellness for both men and women.

Using high-intensity focused electromagnetic (HIFEM) technology, Emsella stimulates thousands of deep pelvic contractions in a single session improving bladder control, core stability with no downtime or discomfort.

	DURATION	MEMBER	NON-MEMBER
<b>1 x maintenance session</b>	30	200	215
<b>Course of 6</b>	40	1000	1100



## LYMPHATIC PRESSOTHERAPY

Pressotherapy at KX Spa is a non-invasive compression therapy designed to stimulate lymphatic drainage and enhance the body's natural detoxification process. This revitalising treatment helps to slim and sculpt the lower body, reduce fluid retention, and improve skin tone and texture, making it ideal for boosting circulation and overall body wellness.

	DURATION	MEMBER	NON-MEMBER
<b>Pressotherapy</b>	50	120	130
<b>Pressotherapy express</b>	25	70	80

## EXILIS SKIN TIGHTENING

Exilis at KX Spa is an advanced, results-driven technology that combines radiofrequency and ultrasound to contour and rejuvenate both the face and body. This non-invasive treatment targets stubborn fat deposits, loose skin, uneven texture and wrinkles, delivering visibly smoother, firmer and more sculpted results with no downtime.

	DURATION	MEMBER	NON-MEMBER
<b>One Area</b>	30	220	240
<b>Two Areas</b>	45	410	460
<b>Three Areas</b>	55	550	600

## LPG ENDERMOLOGIE (CELLULITE REDUCTION)

LPG Endermologie at KX Spa is a state-of-the-art, non-invasive treatment clinically proven to reduce fat, water retention, cellulite and loose skin. This advanced Lipomassage technology boosts circulation, stimulates lymphatic drainage, and restores skin elasticity—leaving the skin visibly smoother, firmer and more toned.

	DURATION	MEMBER	NON-MEMBER
<b>Express</b>	30	90	105
<b>Classic</b>	40	160	180





## MEDICAL TREATMENTS

### DR TONI PHILLIPS

Dr Toni Phillips is widely recognised as one of London's leading non-surgical aesthetic practitioners.

With over 15 years of experience, she works closely with each client to deliver personalised, safe, and natural-looking results using the latest medical-grade treatments. As a respected industry leader, Dr Toni brings her clinical expertise and refined aesthetic to the KX Spa team offering members exclusive access and preferential rates.

	DURATION	MEMBER	NON-MEMBER
<b>Consultation</b>	30	200	250

### DR FARHA MIRZA

Dr. Farha Mirza is an experienced cosmetic doctor who has honed her expertise in aesthetic treatments through training at the renowned Harley Street in London. She obtained her medical degree from the University of Liverpool and later completed a Bachelor's in Surgery and Anaesthesia at Imperial College London.

With a deep passion for aesthetic procedures and patient well-being, Dr. Farha believes in tailoring cosmetic treatments to meet each individual's unique needs. She emphasises the importance of providing the highest quality of care while ensuring that patients receive thorough and attentive after-care.

Dr. Farha is committed to offering a rewarding and seamless experience to every patient, ensuring both their satisfaction and optimal results.

	DURATION	MEMBER	NON-MEMBER
<b>Consultation</b>	30	200	250



# ALICE HENSHAW

Alice Henshaw is a renowned cosmetic nurse prescriber and the visionary founder behind Harley Street Injectables and the award-winning skincare brand Skincycles. With over a decade of hands-on experience in the aesthetics industry, Alice has become a trusted and influential figure known for her clinical excellence, artistry, and commitment to natural-looking, subtle enhancements.

Her signature approach focuses on facial harmony and skin health, prioritising patient safety and delivering results that enhance confidence without compromising individuality.

Alice's expertise and philosophy have earned her international recognition and a loyal global clientele, as well as regular features in prestigious publications such as Vogue, Forbes, Tatler, and Harper's Bazaar.

Through Harley Street Injectables and Skincycles, Alice continues to redefine modern aesthetics—blending science, innovation and ethics to create a new standard in cosmetic excellence.

	DURATION	MEMBER	NON-MEMBER
Consultation	30	200	250

# INTRAVENEIOUS INFUSIONS

	DURATION	MEMBER	NON-MEMBER
Anti-aging	45	330	330
Anti-stress	45	295	295
Brain Energy	45	300	300
Burnout	45	280	280
Coenzyme Q10	45	290	290
Cold & Flu	45	290	290
Detox	45	280	280
Gluthione (Cinderella drip)	45	280	280
Hair nourishment	45	310	310
Hangover	45	290	290
Hayfever	45	350	350
Hydration	45	280	280
Immune Boost	45	290	290
Metabolism Boost	45	280	280
Reservatrol	45	330	330
Skin enhancement	45	300	300
Sports performance	45	300	300
Vitamin C	45	230	230
Gut Health	45	300	300
Recharge	45	290	290
NAD+	45	420	420



## HEALTH AND WELLNESS

At KX Spa, a dedicated team of expert physiotherapists, chiropractors, and osteopaths work collaboratively to diagnose, treat and prevent a wide range of health concerns.

With a holistic and personalised approach, our specialists are committed to supporting your physical well-being—whether you're recovering from injury, managing chronic pain, or enhancing mobility and performance.

## CHIROPRACTIC SERVICES

Dr Neil is a highly experienced chiropractor and physiotherapist with over 18 years of expertise supporting elite athletes, performers and professionals. With three degrees, including a Master of Chiropractic and an MSc in Sports Medicine, Exercise and Health, he specialises in tailored assessments and treatments that relieve pain, enhance recovery and optimise long-term performance.

Known for his holistic approach to wellbeing, Neil helps high-performing clients maintain peak condition in demanding environments.

	DURATION	MEMBER	NON-MEMBER
<b>Chiro / Physio consultation</b>	10	70	80
<b>Chiro / Physio treatment</b>	25	150	160
	55	250	260

## OSTEOPATHY

	DURATION	MEMBER	NON-MEMBER
<b>First treatment</b>	55	155	170
<b>Follow-up treatment</b>	25	110	130
	45	145	165

## PHYSIOTHERAPY

	DURATION	MEMBER	NON-MEMBER
<b>First treatment</b>	55	155	170
<b>Follow-up treatment</b>	25	110	130
	45	145	165



## COMBINATION THERAPY: PHYSIOTHERAPY & OSTEOPATH

Paul is a highly qualified healthcare professional specialising in both Physiotherapy and Osteopathy.

Known for his holistic approach, Paul treats not only sports injuries and chronic pain but also systemic conditions such as headaches, IBS and fatigue — helping clients achieve long-term, full-body wellness.

	DURATION	MEMBER	NON-MEMBER
<b>First treatment</b>	55	185	200
<b>Follow-up treatment</b>	25	140	165
	40	165	180
	55	175	190
	90	290	300

## COLONIC HYDROTHERAPY

With a gentle and informative approach, our Colonic Hydrotherapy sessions begin with a personalised consultation to ensure the treatment is safe and suitable for your individual needs.

Each session is tailored to support digestive health, detoxification and overall well-being delivered in a discreet, professional and comfortable setting by experienced practitioners.

Single session	DURATION	MEMBER	NON-MEMBER
	75	165	180

## REIKI

A deeply calming, non-invasive energy therapy that works to restore balance and harmony to the body and mind. Using gentle touch or hands held just above the body, this traditional Japanese practice channels universal life force energy to release energetic blockages, reduce stress and support emotional and physical healing.

Reiki is performed fully clothed and is ideal for those seeking subtle, restorative wellness on a deeper level to reduce stress, emotional fatigue, energetic imbalance and post burnout recovery.

	DURATION	MEMBER	NON-MEMBER
	40	175	190
	60	210	225

## NUTRITION & LONGEVITY AT KX

Our expert-led nutrition and testing service focuses on improving metabolic health, optimising performance, and supporting long-term well-being. Using targeted assessments and personalised strategies, we help clients take control of their health with simple, effective plans designed for lasting results.

	DURATION	MEMBER	NON-MEMBER
<b>Nutrition consultation</b>	55	400	499
<b>Comprehensive blood profile</b>		600	600
<b>Full metabolic profile test</b>		699	699
<b>Gut microbiome test</b>		350	350
<b>Premium food intolerance</b>		300	300
<b>RMR test</b>		299	299
<b>SIBO test</b>		350	350
<b>Ultimate well man test</b>		550	550
<b>VO2 max + lactate test</b>		349	399



## BEAUTY ESSENTIALS

### KX BODY SCRUB

This full-body ritual begins with a thorough exfoliation using a mineral-rich salt scrub to refine and smooth the skin.

The treatment is completed with a relaxing massage and application of a deeply nourishing cream, leaving your skin soft, hydrated and radiant.

	DURATION	MEMBER	NON-MEMBER
Full body scrub	55	120	135

### EYELASH & EYEBROW

All tinting treatments require a test patch 24 hours prior to treatment.

	DURATION	MEMBER	NON-MEMBER
Eyebrow tint	15	28	33
Eyelash tint	30	28	33
Eyelash tint (incl. tint)	55	110	120
Eyebrow wax	15	28	33
Eyebrow thread	15	33	38

### THREADING

	DURATION	MEMBER	NON-MEMBER
Lip / chin	15	30	35
Half face	20	40	45
Full face	30	65	75



## WAXING - FEMALE TREATMENT AREAS

	DURATION	MEMBER	NON-MEMBER
Lip / chin	15	28	33
Half face	20	44	50
Full face	30	70	75
Neck	20	40	45
Half arm	20	45	50
Underarm	15	30	35
Full arm	30	55	65
Abdomen	20	50	55
Bikini (underwear line only)	15	45	50
G-string (does not incl. underneath)	20	55	60
Brazilian / Hollywood	30	65	70
Half leg (upper)	20	50	55
Half leg (lower)	20	45	50
Full leg (incl. toes & feet)	30	65	70

## WAXING - MALE TREATMENT AREAS

	DURATION	MEMBER	NON-MEMBER
Facial hair	15	40	45
Half arm	20	50	55
Full arm	30	60	65
Chest	20	60	65
Chest and abdomen	30	70	75
Shoulders	20	45	50
Full back	30	65	70





## LASER HAIR REDUCTION

## LASER - FEMALE TREATMENT AREAS

At KX, we use the advanced Cynosure Elite iQ™ laser system—suitable for both men and women, and effective across all Fitzpatrick skin types. Each treatment begins with a thorough consultation and test patch, allowing our expert therapists to assess your skin and hair type and recommend the most effective, tailored solution.

Patch test required 24-48 hours prior to treatment.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
<b>Lip</b>	15	60	75
<b>Chin</b>	15	60	75
<b>Half face</b>	25	155	165
<b>Full face</b>	45	225	250
<b>Neck</b>	20	105	125
<b>Underarm</b>	30	30	35
<b>Half arm</b>	30	40	45
<b>Full arm</b>	60	160	180
<b>Abdomen</b>	30	120	140
<b>Bikini (underwear line only)</b>	30	85	100
<b>G-string (does not incl. underneath)</b>	30	120	130
<b>Brazilian / Hollywood</b>	45	160	180
<b>Half leg (upper)</b>	60	250	270
<b>Half leg (lower)</b>	60	225	250
<b>Full leg</b>	120	325	350



## LASER - MALE TREATMENT AREAS

At KX, we use the advanced Cynosure Elite iQ™ laser system—suitable for both men and women, and effective across all Fitzpatrick skin types. Each treatment begins with a thorough consultation and test patch, allowing our expert therapists to assess your skin and hair type and recommend the most effective, tailored solution.

Patch test required 24-48 hours prior to treatment.

	DURATION	MEMBER	NON-MEMBER
Half face	25	105	125
Full face	45	225	250
Neck	25	105	125
Underarm	40	95	110
Half arm	40	130	150
Full arm	70	170	190
Chest	30	180	200
Abdomen	45	130	150
Shoulders	25	65	80
Half back	40	200	210
Full back	70	285	310
Half leg (upper)	70	250	270
Half leg (lower)	70	225	250
Full leg	130	350	375

## ELECTROLYSIS

Electrolysis is a precise and effective method of permanent hair removal for both the face and body. A fine probe is gently inserted into each hair follicle to destroy the root, after which the hair is carefully removed with tweezers—ideal for targeting individual, stubborn hairs.

	DURATION	MEMBER	NON-MEMBER
Single treatment	20	45	50





## NAIL CARE

### IBX NAIL STRENGTHENING

IBX is a strengthening nail treatment which repairs thin, damaged and brittle nails. The treatment works from within the natural nail and can be applied on a naked nail or underneath a gel polish.

	DURATION	MEMBER	NON-MEMBER
<b>First treatment</b>	25	25	30
<b>Follow up</b>	15	15	20

### FEMALE MANICURES

	DURATION	MEMBER	NON-MEMBER
<b>File and polish</b>	30	35	40
<b>French add on (polish or gel)</b>	15	10	15
<b>Gel file and polish</b>	45	50	55
<b>Express manicure</b>	30	35	40
<b>KX manicure with polish</b>	45	45	50
<b>KX manicure with gel</b>	60	60	65
<b>Hard gel removal</b>	30	30	35
<b>Japanese manicure</b>	45	40	45
<b>One nail repair</b>	15	10	15
<b>Gel polish soak off</b>	15	15	20
<b>Structure gel / BIAB manicure</b>	60	70	75
<b>Structure gel / BIAB removal</b>	20	18	23
<b>Biosculpture add on</b>	15	15	20





**FEMALE PEDICURES**

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
<b>KX pedicure</b>	60	55	60
<b>KX gel pedicure</b>	75	75	80
<b>Express Pedicure (no polish)</b>	45	50	55

**MALE NAIL SERVICES**

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
<b>KX men's manicure</b>	30	35	40
<b>KX men's pedicure</b>	45	50	55





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