

The background is a watercolor-style illustration. It features soft, blended washes of light green and pale yellow. Scattered throughout are numerous small, bright orange or golden-brown speckles, giving it a textured, organic feel. The overall composition is abstract and artistic.

KX

LUXURY SPA AND WELLNESS CLUB IN LONDON

In the heart of Chelsea, KX Spa offers a world-class wellness experience for both members and non-members.

With expert practitioners and the latest technology, every treatment is bespoke, designed to meet your needs and exceed expectations.

Since 2002, guests have enjoyed access to luxury spa facilities and the UK's leading health and wellness experts. At KX, we don't just transform bodies — we create lasting change in health, nutrition and wellbeing.

Step away from city life and find calm, renewal and luxury at London's most exclusive spa and fitness club.



MASSAGE THERAPY

CLASSIC MASSAGE

Here at KX Spa, every massage is a bespoke experience, carefully tailored to meet each guest's individual needs. Our expert therapists take time to understand your specific goals and preferences, ensuring that every treatment delivers maximum benefit.

Whether you're seeking relaxation, muscle recovery or targeted therapeutic work, your journey begins with a personalised consultation designed to optimise your results.

Aromatherapy | Reflexology | Swedish | Deep Tissue | Sports | Pregnancy

DURATION	MEMBER	NON-MEMBER
25	100	110
55	165	175
85	220	235

SPECIALTY MASSAGE

Whether targeting cellulite, fluid retention, facial sculpting, or migraine relief, KX Spa offers a curated selection of specialised massage therapies designed to restore balance and elevate your well-being.

	DURATION	MEMBER	NON-MEMBER
Brazilian Lymphatic Drainage	25	110	120
	55	175	185
	85	230	240
MDR Remodelage	55	180	180
Japanese Cosmos Facial Lifting	25	140	150
Indian Head Massage	25	100	110
Cupping	55	200	215
Hot Stone Massage	55	175	195
	85	215	230

SIGNATURE MASSAGE

Each massage at KX Spa features a personalised blend of advanced techniques and therapies, delivered by our most experienced massage specialist, many of whom bring over a decade of expertise.

This depth of knowledge ensures every treatment is both highly effective and uniquely tailored to your individual needs.

TANIA'S SIGNATURE MASSAGE

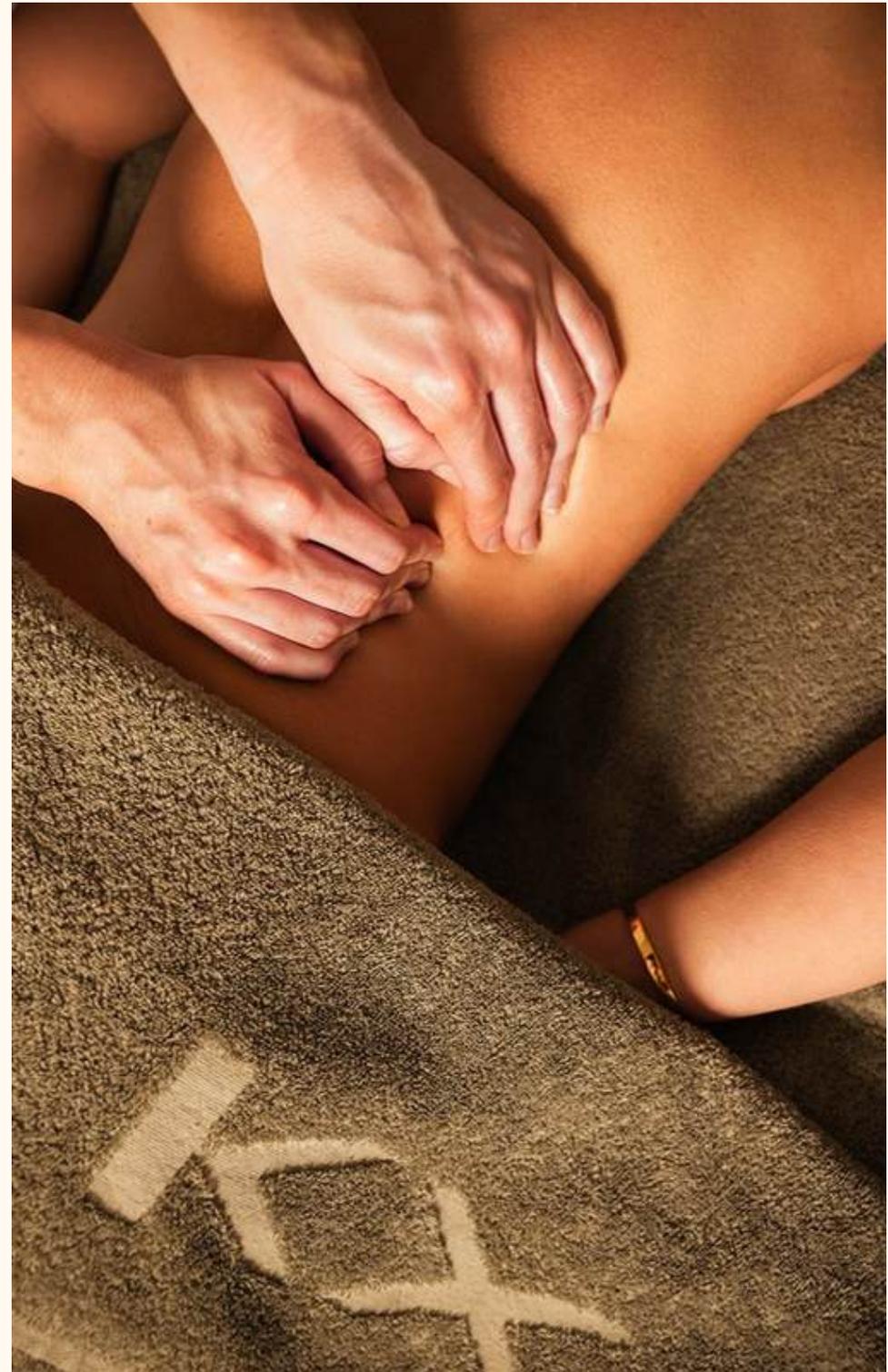
Tania is a highly skilled practitioner combining advanced osteopathy and therapeutic massage to deliver truly transformative treatments, including pregnancy massages.

<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
25	125	145
55	170	190
85	220	240

FERNANDO'S SIGNATURE MASSAGE

Mastery in personalised bodywork by Fernando Garbini, a seasoned expert whose signature massage is crafted using a dynamic blend of Thai Yoga, aromatherapy, deep tissue, lymphatic drainage and sports massage technique all adapted uniquely to each guest's needs.

<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
25	110	120
55	175	185
85	230	240



FACIAL THERAPIES

HYDRAFACIALS

The ultimate detoxifying and deep-cleansing experience, HydraFacial revitalises the skin using active botanical ingredients to deliver immediate, visible results. This advanced, patented technology follows a comprehensive six-step process Detox, Cleanse, Exfoliate, Brighten, Extract, and Hydrate to deeply purify, nourish and transform your complexion.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
HydraDetox	55	210	230
HydraGlow	85	250	265
Laser Genesis Hydrafacial	85	350	365
Keravive (hair treatment)	55	450	450

LASER GENESIS FACIALS

An advanced, non-invasive, multi-layered treatment, Laser Genesis is scientifically proven to stimulate collagen and elastin production while effectively targeting fine lines, wrinkles, redness, and scarring. This gentle yet powerful therapy delivers visible results with no downtime or discomfort, making it ideal for skin rejuvenation and long-term skin health.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Bespoke	85	370	390
Laser genesis plus	115	475	500

ROSECEA & PIGMENTATION TREATMENT

Limelight IPL treatment works by using an intense pulse light to heat the targeted tissue, Whether that is pigmentation or damaged veins in the top layers of the skin. IPL effectively reduces discolouration, promoting a more even skin tone and treating specific skin conditions such as pigmentation, age spots, rosacea and broken capillaries without abrading the skins surface.

A patch test is required for this service 24-48 hours before treatment.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
IPL full face	55	260	280
IPL full face and neck	55	300	310
IPL décolletage	45	220	235
IPL hands	45	150	165

SKIN PEELS

We offer a range of in-clinic chemical peels, including SkinCeuticals, Mesoestetic, and ZO, designed to restore and maintain healthy skin. Following a consultation, our specialists will recommend the most suitable peel and treatment plan tailored to your concerns such as pigmentation, sun damage, ageing, acne, congestion or dullness. These peels work synergistically with ZO, Mesoestetic or SkinCeuticals home care products for optimal results. Treatments can be done individually or as part of a course.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Light	45	250	265
Medium	45	270	290
Deep	55	POC	POC
Skincycles caviar peel	55	250	265
Skincycles filter facial (incl dermaplaning)	55	300	315

EMFACE

Emface is a revolutionary non-invasive facial treatment that simultaneously lifts, tones, and smooths the skin without needles or downtime. Emface uses synchronised radiofrequency and high-intensity facial muscle stimulation, enhances collagen, elastin, and facial muscle structure for visibly firmer, more youthful contours.

	DURATION	MEMBER	NON-MEMBER
Emface Eyes x 4	45	1500	1600
Emface 2 areas x 4	45	2000	2100
Emface 3 areas x 4	75	2500	2600
Emface 4 areas x 4	75	3000	3100

MORPHEUS 8

Morpheus8 at KX Spa is a cutting-edge, minimally invasive skin rejuvenation treatment that combines microneedling with radiofrequency (RF) energy to remodel and tighten the skin at a deep cellular level. Using ultra-fine needles, RF energy is delivered beneath the skin's surface, creating micro-lesions that activate the body's natural healing response and stimulate the production of new collagen and elastin.

Ideal for treating fine lines, skin laxity, scarring, and stretch marks, Morpheus8 is suitable for both the face and body, especially effective for improving the appearance of loose or sagging skin.

	DURATION	MEMBER	NON-MEMBER
Full face (incl eyes) x 3	105	2250	2750
Full face, eyes & neck x 3	105	2500	3000
Lower face & neck x 3	105	2100	2600
Body area x 3		POC	POC
Exosome add on		250	250

SKINPEN®

At KX Spa, we proudly offer SkinPen®, the world's first FDA-cleared micro-needling device, clinically proven to deliver safe and effective skin rejuvenation. This advanced treatment targets fine lines, wrinkles, skin laxity, and acne scarring by stimulating the skin's natural healing response, resulting in a smoother, firmer and more radiant complexion.

	DURATION	MEMBER	NON-MEMBER
Needling treatment	85	355	375
Growth factor skin needling	85	435	455
Exosome skin needling	85	600	625
Skinneedling body		POC	POC

MESOTHERAPY

Mesotherapy at KX Spa is a targeted, non-surgical technique that uses micro-injections of specialised vitamins, enzymes and plant extracts to rejuvenate, brighten, and tighten the skin. Tailored formulations address a variety of concerns from improving facial tone and radiance to targeting cellulite, stubborn fat deposits and skin laxity on the body.

Our advanced Hair Complex also supports scalp health, enhances hair quality and stimulates dormant follicles—ideal for addressing thinning hair and receding hairlines.

	DURATION	MEMBER	NON-MEMBER
Face	45	275	295
Hair restoration	55	POC	POC

T-SHAPE FACE

The Baldan T-Shape Facial harnesses the latest advances in anti-ageing and collagen-remodelling radiofrequency to lift, sculpt and rejuvenate the skin, revealing a firmer, more radiant complexion.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Individual session	90	375	385
T-Shape course of 6	90	1875	1925

AMEELA X EXOSOMES

A next-generation regenerative facial combining purified plant exosomes and marine-derived polynucleotides to deeply hydrate, plump and restore the skin. This advanced treatment supports collagen renewal, soothes inflammation and enhances luminosity for a firmer, smoother, radiant complexion.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Individual session	45	620	650

BESPOKE HANDS ON FACIALS

Our bespoke range of facial treatments is suitable for both male and female clients, combining scientifically advanced skincare with personalised protocols to deliver optimal results. Each treatment is customised using a combination of cutting-edge LED light therapy and expert hands-on facial techniques, allowing our therapists to adapt every session to your skin's unique needs.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
LED Express facial	30	95	115
KX Bespoke Facial with LED	55	180	200
KX Oxygen facial with LED	55	215	230



ADVANCED BODY TREATMENTS

EMSCULPT NEO

Emsculpt Neo is a groundbreaking, non-invasive body contouring treatment that combines radiofrequency and HIFEM® (High-Intensity Focused Electromagnetic) technology.

In just one 30-minute session, it delivers the equivalent of 24,000 sit-ups or squats—achieving up to 30% fat reduction and 25% muscle increase, all with zero downtime.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Emsculpt NEO x 4	45	2500	2650
Emsculpt NEO 2 areas	45	4500	4800
Emsculpt NEO 3 areas	75	6500	6950

T-SHAPE

Introducing the latest in non-invasive body contouring from Italy's leading aesthetics experts, Baldan Group.

T-Shape combines radiofrequency, low level laser therapy, vacuum and micro-vibrational massage to visibly reduce cellulite, tighten skin and sculpt your silhouette.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
1 x maintenance session	60	480	500
Course of 6	60	2000	2200

EMSELLA

Emsella at KX Spa is a breakthrough, non-invasive treatment designed to strengthen the pelvic floor and improve core wellness for both men and women.

Using high-intensity focused electromagnetic (HIFEM) technology, Emsella stimulates thousands of deep pelvic contractions in a single session improving bladder control, core stability with no downtime or discomfort.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
1 x maintenance session	30	200	215
Course of 6	40	1000	1100

LYMPHATIC PRESSOTHERAPY

Pressotherapy at KX Spa is a non-invasive compression therapy designed to stimulate lymphatic drainage and enhance the body's natural detoxification process. This revitalising treatment helps to slim and sculpt the lower body, reduce fluid retention, and improve skin tone and texture, making it ideal for boosting circulation and overall body wellness.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Pressotherapy	50	120	130
Pressotherapy express	25	70	80

EXILIS SKIN TIGHTENING

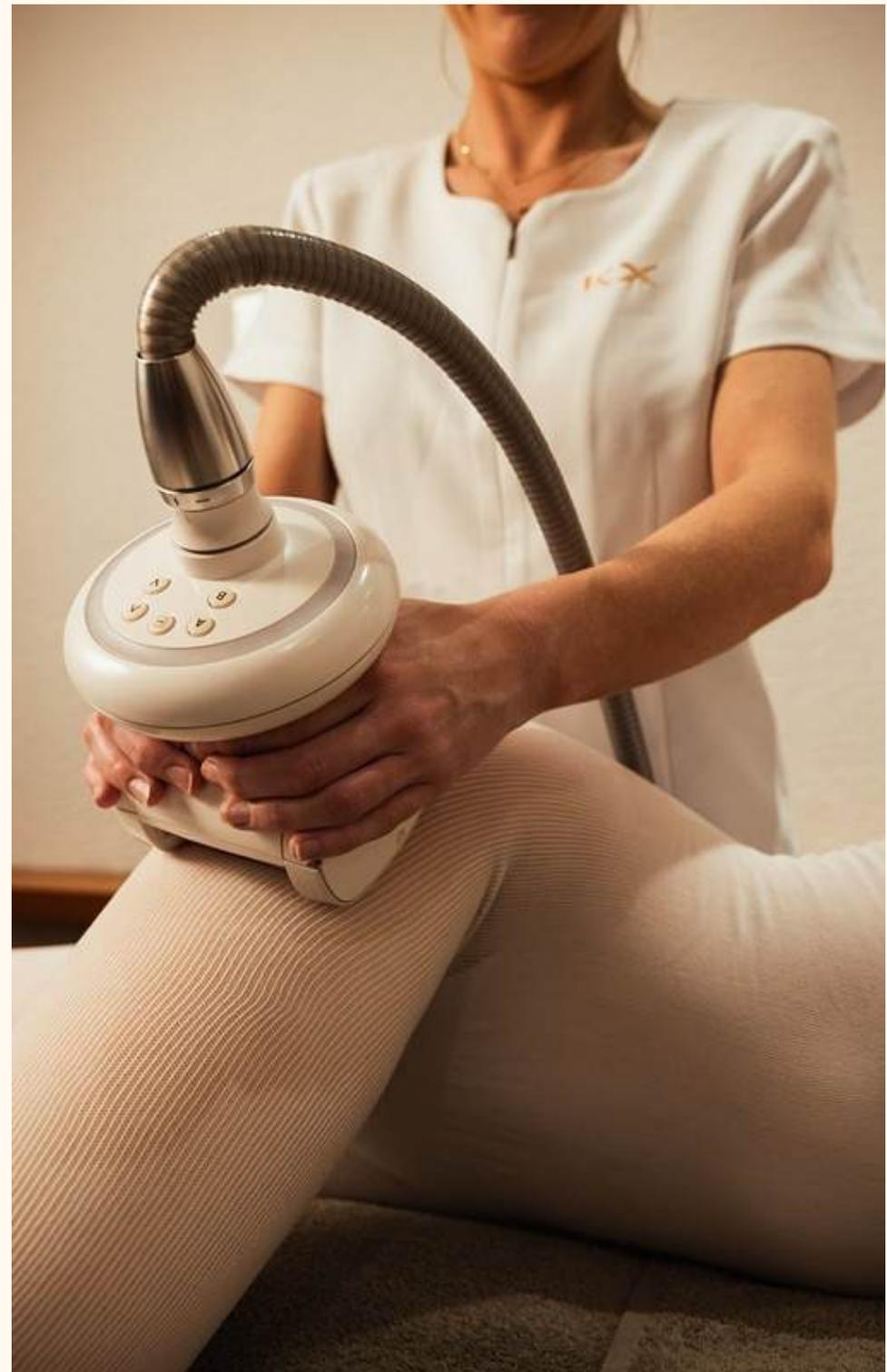
Exilis at KX Spa is an advanced, results-driven technology that combines radiofrequency and ultrasound to contour and rejuvenate both the face and body. This non-invasive treatment targets stubborn fat deposits, loose skin, uneven texture and wrinkles, delivering visibly smoother, firmer and more sculpted results with no downtime.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
One Area	30	220	240
Two Areas	45	410	460
Three Areas	55	550	600

LPG ENDERMOLOGIE (CELLULITE REDUCTION)

LPG Endermologie at KX Spa is a state-of-the-art, non-invasive treatment clinically proven to reduce fat, water retention, cellulite and loose skin. This advanced Lipomassage technology boosts circulation, stimulates lymphatic drainage, and restores skin elasticity—leaving the skin visibly smoother, firmer and more toned.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Express	30	90	105
Classic	40	160	180



MEDICAL TREATMENTS

DR TONI PHILLIPS

Dr Toni Phillips is widely recognised as one of London's leading non-surgical aesthetic practitioners.

With over 15 years of experience, she works closely with each client to deliver personalised, safe, and natural-looking results using the latest medical-grade treatments. As a respected industry leader, Dr Toni brings her clinical expertise and refined aesthetic to the KX Spa team offering members exclusive access and preferential rates.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Consultation	30	200	250

DR FARHA MIRZA

Dr. Farha Mirza is an experienced cosmetic doctor who has honed her expertise in aesthetic treatments through training at the renowned Harley Street in London. She obtained her medical degree from the University of Liverpool and later completed a Bachelor's in Surgery and Anaesthesia at Imperial College London.

With a deep passion for aesthetic procedures and patient well-being, Dr. Farha believes in tailoring cosmetic treatments to meet each individual's unique needs. She emphasises the importance of providing the highest quality of care while ensuring that patients receive thorough and attentive after-care.

Dr. Farha is committed to offering a rewarding and seamless experience to every patient, ensuring both their satisfaction and optimal results.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Consultation	30	200	250

ALICE HENSHAW

Alice Henshaw is a renowned cosmetic nurse prescriber and the visionary founder behind Harley Street Injectables and the award-winning skincare brand Skincycles. With over a decade of hands-on experience in the aesthetics industry, Alice has become a trusted and influential figure known for her clinical excellence, artistry, and commitment to natural-looking, subtle enhancements.

Her signature approach focuses on facial harmony and skin health, prioritising patient safety and delivering results that enhance confidence without compromising individuality.

Alice's expertise and philosophy have earned her international recognition and a loyal global clientele, as well as regular features in prestigious publications such as Vogue, Forbes, Tatler, and Harper's Bazaar.

Through Harley Street Injectables and Skincycles, Alice continues to redefine modern aesthetics—blending science, innovation and ethics to create a new standard in cosmetic excellence.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Consultation	30	200	250

INTRAVENEIOUS INFUSIONS

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Anti-aging	45	330	330
Anti-stress	45	330	330
Brain Energy	45	300	300
Burnout	45	280	280
Cold & Flu	45	280	280
Detox	45	290	290
Gluthione (Cinderella drip)	45	280	280
Hair nourishment	45	280	280
Hangover	45	310	310
Hayfever	45	290	290
Hydration	45	350	350
Immune Boost	45	280	280
Metabolism Boost	45	290	290
Reservatrol	45	280	280
Skin enhancement	45	330	330
Sports performance	45	300	330
Vitamin C	45	300	300
Gut Health	45	230	230
Recharge	45	300	300
NAD+		POC	POC

HEALTH AND WELLNESS

At KX Spa, a dedicated team of expert physiotherapists, chiropractors, and osteopaths work collaboratively to diagnose, treat and prevent a wide range of health concerns.

With a holistic and personalised approach, our specialists are committed to supporting your physical well-being—whether you're recovering from injury, managing chronic pain, or enhancing mobility and performance.

CHIROPRACTIC SERVICES

Dr Neil is a highly experienced chiropractor and physiotherapist with over 18 years of expertise supporting elite athletes, performers and professionals. With three degrees, including a Master of Chiropractic and an MSc in Sports Medicine, Exercise and Health, he specialises in tailored assessments and treatments that relieve pain, enhance recovery and optimise long-term performance.

Known for his holistic approach to wellbeing, Neil helps high-performing clients maintain peak condition in demanding environments.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Chiro / Physio consultation	10	70	80
Chiro / Physio treatment	25	150	160
	55	250	260

OSTEOPATHY

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
First treatment	55	155	170
Follow-up treatment	25	110	130
	45	145	165

PHYSIOTHERAPY

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
First treatment	55	155	170
Follow-up treatment	25	110	130
	45	145	165

COMBINATION THERAPY: PHYSIOTHERAPY & OSTEOPATH

Paul is a highly qualified healthcare professional specialising in both Physiotherapy and Osteopathy.

Known for his holistic approach, Paul treats not only sports injuries and chronic pain but also systemic conditions such as headaches, IBS and fatigue — helping clients achieve long-term, full-body wellness.

	DURATION	MEMBER	NON-MEMBER
First treatment	55	185	200
Follow-up treatment	25	140	165
	40	165	180
	55	175	190

COLONIC HYDROTHERAPY

With a gentle and informative approach, our Colonic Hydrotherapy sessions begin with a personalised consultation to ensure the treatment is safe and suitable for your individual needs.

Each session is tailored to support digestive health, detoxification and overall well-being delivered in a discreet, professional and comfortable setting by experienced practitioners.

	DURATION	MEMBER	NON-MEMBER
Single session	75	165	180

REIKI

A deeply calming, non-invasive energy therapy that works to restore balance and harmony to the body and mind. Using gentle touch or hands held just above the body, this traditional Japanese practice channels universal life force energy to release energetic blockages, reduce stress and support emotional and physical healing.

Reiki is performed fully clothed and is ideal for those seeking subtle, restorative wellness on a deeper level to reduce stress, emotional fatigue, energetic imbalance and post burnout recovery.

	DURATION	MEMBER	NON-MEMBER
	40	175	185
	60	220	230

NUTRITION & LONGEVITY AT KX

Our expert-led nutrition and testing service focuses on improving metabolic health, optimising performance, and supporting long-term well-being. Using targeted assessments and personalised strategies, we help clients take control of their health with simple, effective plans designed for lasting results.

	DURATION	MEMBER	NON-MEMBER
Nutrition consultation	55	400	499
Comprehensive blood profile		600	600
Full metabolic profile test		699	699
Gut microbiome test		350	350
Premium food intolerance		300	300
RMR test		299	299
SIBO test		350	350
Ultimate well man test		550	550
VO2 max + lactate test		349	399

BEAUTY ESSENTIALS

KX BODY SCRUB

This full-body ritual begins with a thorough exfoliation using a mineral-rich salt scrub to refine and smooth the skin.

The treatment is completed with a relaxing massage and application of a deeply nourishing cream, leaving your skin soft, hydrated and radiant.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Full body scrub	55	120	135

EYELASH & EYEBROW

All tinting treatments require a test patch 24 hours prior to treatment.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Eyebrow tint	15	30	35
Eyelash tint	30	30	35
Eyelash lift (incl. tint)	55	110	120
Eyebrow wax	15	30	35
Eyebrow thread	15	35	40

THREADING

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Lip / chin	15	30	35
Half face	20	40	45
Full face	30	70	80

WAXING - FEMALE TREATMENT AREAS

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Lip / chin	15	30	35
Half face	20	40	45
Full face	30	70	80
Neck	20	40	45
Half arm	20	45	50
Underarm	15	30	35
Full arm	30	60	70
Abdomen	20	55	60
Bikini (underwear line only)	15	40	45
G-string (does not incl. underneath)	20	55	60
Brazilian / Hollywood	30	65	70
Half leg (upper)	20	50	55
Half leg (lower)	20	45	50
Full leg (incl. toes & feet)	30	65	70

WAXING - MALE TREATMENT AREAS

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Facial hair	15	40	45
Half arm	20	50	55
Full arm	30	60	65
Chest	20	65	70
Chest and abdomen	30	75	80
Shoulders	20	45	50
Full back	30	65	70



LASER HAIR REDUCTION

LASER - FEMALE TREATMENT AREAS

At KX, we use the advanced Cynosure Elite iQ™ laser system—suitable for both men and women, and effective across all Fitzpatrick skin types. Each treatment begins with a thorough consultation and test patch, allowing our expert therapists to assess your skin and hair type and recommend the most effective, tailored solution.

Patch test required 24-48 hours prior to treatment.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Lip	15	60	70
Chin	15	60	70
Half face	25	155	165
Full face	45	225	235
Neck	20	105	120
Underarm	30	85	95
Half arm	30	120	140
Full arm	60	140	160
Abdomen	30	120	140
Bikini (underwear line only)	30	85	95
G-string (does not incl. underneath)	30	120	130
Brazilian / Hollywood	45	160	180
Half leg (upper)	60	250	270
Half leg (lower)	60	225	235
Full leg	120	325	350

LASER - MALE TREATMENT AREAS

At KX, we use the advanced Cynosure Elite iQ™ laser system—suitable for both men and women, and effective across all Fitzpatrick skin types. Each treatment begins with a thorough consultation and test patch, allowing our expert therapists to assess your skin and hair type and recommend the most effective, tailored solution.

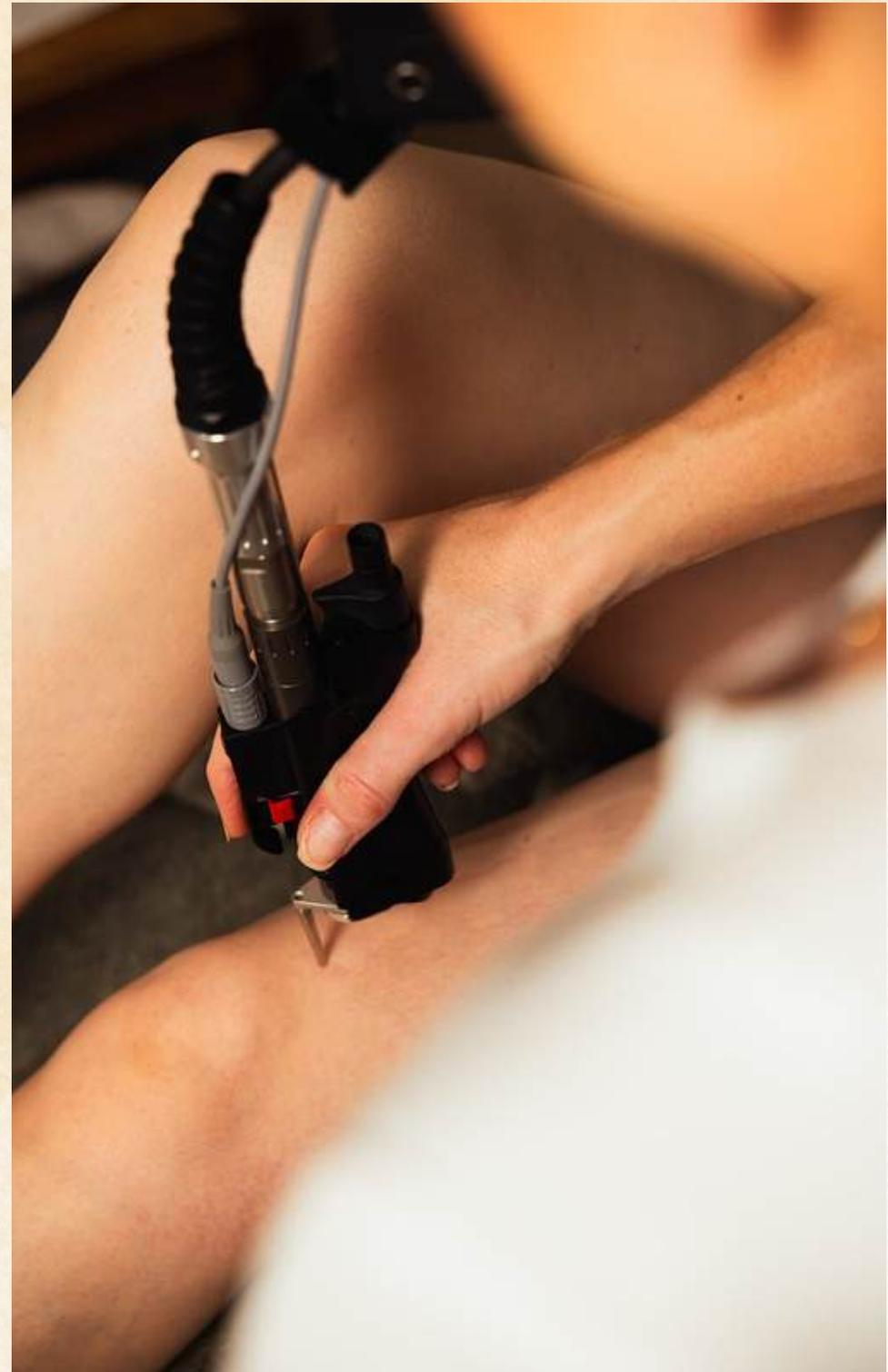
Patch test required 24-48 hours prior to treatment.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Half face	25	105	120
Full face	45	225	240
Neck	25	105	120
Underarm	40	95	110
Half arm	40	130	150
Full arm	70	170	190
Chest	30	180	200
Abdomen	45	130	150
Shoulders	25	65	80
Half back	40	200	215
Full back	70	285	300
Half leg (upper)	70	235	250
Half leg (lower)	70	235	250
Full leg	130	290	310

ELECTROLYSIS

Electrolysis is a precise and effective method of permanent hair removal for both the face and body. A fine probe is gently inserted into each hair follicle to destroy the root, after which the hair is carefully removed with tweezers—ideal for targeting individual, stubborn hairs.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
Single treatment	20	45	50



NAIL CARE

IBX NAIL STRENGTHENING

IBX is a strengthening nail treatment which repairs thin, damaged and brittle nails. The treatment works from within the natural nail and can be applied on a naked nail or underneath a gel polish.

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
First treatment	25	25	30
Follow up	15	15	20

FEMALE MANICURES

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
File and polish	30	35	40
French add on (polish or gel)	15	10	15
Gel file and polish	45	50	55
Express manicure	30	35	40
KX manicure with polish	45	45	50
KX manicure with gel	60	60	65
Hard gel removal	30	30	35
Japanese manicure	45	40	45
One nail repair	15	10	15
Gel polish soak off	15	15	20
Structure gel / BIAB manicure	60	70	75
Structure gel / BIAB removal	20	18	23
Biosculpture add on	15	15	20



FEMALE PEDICURES

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
KX pedicure	60	55	60
KX gel pedicure	75	75	80
Express Pedicure (no polish)	45	50	55

MALE NAIL SERVICES

	<i>DURATION</i>	<i>MEMBER</i>	<i>NON-MEMBER</i>
KX men's manicure	30	35	40
KX men's pedicure	45	50	55



KX